Class of 2027



Registration Handbook

Rolling Meadows High School

2023-2024 School Year

ROLLING MEADOWS HIGH SCHOOL

CURRICULUM HIGHLIGHTS AND GENERAL REGISTRATION INFORMATION

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Rolling Meadows High School 2901 West Central Road Rolling Meadows, Illinois 60008

847-718-5600 • rmhs.d214.org

Dr. David R. Schuler Superintendent

Eileen M. Hart Principal

Dear Future Mustangs of the Class of 2027:

It is with great pleasure that I write you this letter of welcome to attend the Class of 2027 event at Rolling Meadows High School. I have had the great fortune to be the principal at RMHS over the past twelve years, and each day I am humbled by the professionals I work with, and feel great appreciation towards the amazing students and families in our school community. As a future Mustang, please know we already care about you and wish you great success over the next four years of your high school career. We are excited and ready to start our work together in partnership and in collaboration in the planning of your four-year high school experience. This event is the beginning of our journey together. *Welcome future Mustangs!*

We have incredible academic and extracurricular opportunities and facilities at RMHS. I hope you are able to take a tour of the building to see the many incredible learning spaces we have in the building. You will be able to tour the engineering and manufacturing lab to see some previously built high-mileage cars designed by students. The law classroom that looks like a courtroom. The health careers room with hospital beds and wheelchairs to help simulate what students will experience during their CNA training. We have a culinary arts learning space that has both kitchen stations, as well as an industry standard ProStart foods lab. We have a beautiful black box and theater for our fine and performing arts courses and performances, along with music classrooms and a redesigned orchestra room. There is a greenhouse where we hold food science, urban agriculture, Ag Biology, as well as veterinary science courses. There is so much more to see as you explore the many college and career opportunities we have at RMHS. As part of the District 214 Redefining Ready mission, we offer courses in agriculture, art, automotive, aviation, business and marketing, culinary, education, engineering, graphic arts, health sciences, information technology and cyber-security, law and public safety, manufacturing, music of band, choir, and orchestra, STEM, theater, and the world languages of French, Italian, and Spanish. I hope you are excited and ready to explore the many opportunities that await you over your four-year high school career! *There are so many awesome academic and extracurricular opportunities available to you, and so many new friends for you to meet Class of 2027!*

Please review the 2023-2024 registration Handbook for the Class of 2027. This will help you become better informed with the core courses in English, math, science, social science, and physical education, as well as the wide variety of elective and college and career pathway courses to explore. **At this event, on January 12, 2023**, you will have the opportunity to meet the administrative team members, counselors, and some of our instructors. We are all at the event to be of support and help to you as you begin your adventure of being a Mustang. As we get closer to the 2023-2024 school year, you will receive information about the freshmen orientation program in August, as well as the WOW (Week of Welcome) agenda in the first days of the school year to help in the acclimation and welcome to Rolling Meadows High School.

We are looking forward to being together with you on January 12, 2023. You will have an opportunity to visit our school store, called the Mustang Stable. The school store sells Mustang t-shirts, sweatshirts, and more goodies for you to select from. We are very proud of our school store, which is a collaboration from our graphics design and business teams. Feel free to purchase your first *Mustang Spirit Wear* and champion the *Purple and Gold!*

Class of 2027, this event is the first step of your four-year Mustang journey. Welcome to Rolling Meadows High School. *We are excited to welcome you!*

With Mustang Pride,

File M. Hart

Eileen M. Hart, Principal



Discover your future.



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847-718-5600 • rmhs.d214.org

Dr. David R. Schuler Superintendent

Eileen M. Hart Principal

Estimados futuros estudiantes Mustangs de la clase de 2027:

Es con gran placer que les escribo esta carta de bienvenida para asistir al evento Clase de 2027 en la Escuela Secundaria Rolling Meadows. He tenido la gran fortuna de ser el directora de RMHS durante los últimos doce años, y cada día me siento honrada por los profesionales con los que trabajo y siento un gran aprecio por los increíbles estudiantes y familias de nuestra comunidad escolar. Como futuro Mustang, sepa que ya nos preocupamos por usted y le deseamos mucho éxito en los próximos cuatro años de su carrera en la escuela secundaria. Estamos emocionados y listos para comenzar nuestro trabajo juntos en asociación y colaboración en la planificación de su experiencia de cuatro años en la escuela secundaria. Este evento es el comienzo de nuestro viaje juntos. ¡Bienvenidos futuros Mustangs!

Tenemos increíbles oportunidades e instalaciones académicas y extracurriculares en RMHS. Espero que pueda hacer un recorrido por el edificio para ver los increíbles espacios de aprendizaje que tenemos en el edificio. Podrá recorrer el laboratorio de ingeniería y fabricación para ver algunos autos de alto kilometraje construidos previamente y diseñados por estudiantes. El aula de derecho que parece una sala de audiencias. La sala de carreras de la salud con camas de hospital y sillas de ruedas para ayudar a simular lo que los estudiantes experimentarán durante su capacitación en CNA. Tenemos un espacio de aprendizaje de artes culinarias que tiene estaciones de cocina, así como un laboratorio de alimentos ProStart estándar de la industria. Contamos con una hermosa caja negra y teatro para nuestros cursos y presentaciones de bellas artes y artes escénicas, junto con aulas de música y una sala de orguesta rediseñada. Hay un invernadero donde tenemos cursos de ciencia de los alimentos, agricultura urbana, biología agrícola y veterinaria. Hay mucho más para ver mientras explora las muchas oportunidades universitarias y profesionales que tenemos en RMHS. Como parte de la misión Redefiniendo Listos del Distrito 214, ofrecemos cursos en agricultura, arte, automotriz, aviación, negocios y mercadeo, culinaria, educación, ingeniería, artes gráficas, ciencias de la salud, tecnología de la información y seguridad cibernética, derecho y seguridad pública, fabricación, música de banda, coro y orquesta, STEM, teatro y los idiomas del mundo francés, italiano y español. ¡Espero que estés emocionado y listo para explorar las muchas oportunidades que te esperan durante tu carrera de cuatro años en la escuela secundaria! ¡Hay tantas increíbles oportunidades académicas y extracurriculares disponibles para ti, y tantos nuevos amigos para que conozcas a la Clase de 2027!

Revise el Manual de registro de 2023-2024 para la Clase de 2027. Esto lo ayudará a estar mejor informado sobre los cursos básicos de inglés, matemáticas, ciencias, ciencias sociales y educación física, así como la amplia variedad de materias optativas y universitarias. Cursos de orientación profesional para explorar. En este evento, el 12 de enero de 2023, tendrá la oportunidad de conocer a los miembros del equipo administrativo, consejeros y algunos de nuestros instructores. Todos estamos en el evento para brindarte apoyo y ayudarte a medida que comienzas tu aventura de convertirte en un Mustang. A medida que nos acerquemos al año escolar 2023-2024, recibirá información sobre el programa de orientación para estudiantes de primer año en agosto, así como la agenda WOW (Week of Welcome) en los primeros días del año escolar para ayudar en la aclimatación y bienvenida. a la escuela secundaria Rolling Meadows.

Esperamos estar juntos con usted el 12 de enero de 2023. Tendrá la oportunidad de visitar nuestra tienda escolar, llamada Mustang Stable. La tienda de la escuela vende camisetas, sudaderas y más artículos de Mustang para que elijas. Estamos muy orgullosos de nuestra tienda escolar, que es una colaboración de nuestros equipos de diseño gráfico y comercial. ¡Siéntete libre de comprar tu primera Mustang Spirit Wear y conquista el Purple and Gold!

Clase de 2027, este evento es el primer paso de su viaje Mustang de cuatro años. Bienvenidos a la Escuela Secundaria Rolling Meadows. ¡Estamos emocionados de darle la bienvenida!

Con orgullo Mustang,

Eila M. Hart

Eileen M. Hart, Directora



Discover your future.

ROLLING MEADOWS HIGH SCHOOL STUDENT SERVICES STAFF

Dr. Yolanda Stovall, Associate Principal, 847-718-5621

	Use (718) prefix with extensions:
<u>Counselors</u>	Extention #
Mr. Joseph Cooley	5672
Mr. Fernando Gonzalez	5664
Ms. Mona Hansra	5671
Ms. Nancy Karras	5665
Ms. Gabriela Medina	5669
Ms. Sheila Rudden-Shorey	5668
Ms. Brittany Timberlake	5667
Ms. Amy Wieland	5873

Related Services

		<u>Ext #</u>
Student Success, Safety and Wellness	Mr. Alvin Lewis	5605
Student Success, Safety and Wellness	Mr. Jonathan Weintraub	5606
Social Worker	Ms. Parisaw Faye	5778
Social Worker	Ms. Mary Moore	5920
Social Worker	Ms. Amy Santoro	5718
Outreach Family Counselor	Ms. Sara Diaz	5664
Psychologist	Mr. Nick Nichols	5775
Psychologist	Ms. Angela Paras	5952
Speech-Language Pathologist	Mr. Neil Hall	5783
Health Service Supervisor	Ms. Tiffany Ferguson	5663
Health Service Supervisor	Ms. Amy Soos	5713
College/Career Counselor	Ms. Kara Fisher	5660
Special Education Division Head	Mrs. Brenda Cognac-Martin	5911

STUDENT ACTIVITIES & ATHLETICS

Associate Principal for Activities and Operations - Lisa DaRocha (5756) Athletic Director - Jim Voyles (5618) Assistant Athletic Director - Jim Lindeman (5634) Athletic Assistant - Caitlyn Carpenter (5620) Fine & Performing Arts Coordinator - Chris Buti (5752/5693)



Rolling Meadows High School Class of 2027 Important Dates and Events



January 12	Incoming 9th Grade Curriculum/Elective Night. The link to select electives will be activated.
January 13-21	The link will remain active
January 18-20	RMHS counselors will go to the sender schools to meet with those students who have not submitted their course selection
January 21	The link to select electives becomes inactive
January 26	Last day to make course request changes (student/parent initiated).
May 28	Health Forms Due
May/June	Registration packets will be posted on the RMHS web-site
TBA	Final Schedules Released through Infinite Campus (only for those students who have completed the registration process)
TBA	Freshman Orientation
August 16	First day of classes

Health Requirements for 9th Graders Entering Rolling Meadows High School in August 2023

High School District 214 has a first-day exclusion policy. All students must be in compliance with all required physical examinations and immunizations prior to the first day of school attendance.

Students who are out of compliance will not receive their schedule and will be excluded from class until verification of vaccination and physical exam is received by the Health Office Nurse Staff.

The current State of Illinois immunization guidelines for students entering 9th grade are as follows:

- **DTap, DTP, or Td:** Three or more doses with the last dose qualifying as a booster and received on or after the 4th birthday.
- Tdap: One dose administered on or after their 11th birthday.
- **Polio:** Three or more doses with the last dose qualifying as a booster and received on or after the 4th birthday.
- Measles, Mumps, Rubella (MMR): 2 or more doses, the first dose must have been received on or after the 1st birthday and the second dose no less than 4 weeks (28 days) later.
- Varicella: Statement from physician verifying disease or 2 or more doses, the first dose must have been received on or after the 1st birthday and the second dose no less than 4 weeks (28 days) later.
- Hepatitis B Vaccine: Three doses administered at recommended intervals.
- Meningococcal Vaccine: One dose administered on or after the 11th birthday.

All 9th grade students must submit a physical on the State of Illinois Certificate of Health **dated** on or after 08/16/2022. Sports Physicals do not meet this requirement.

- The Health History portion of the Illinois State Certificate of Health must be completed and signed by a parent/guardian or it will be returned for completion (top portion of page two).
- All student athletes are required to have an annual physical exam to participate in sports.

All 9th grade students must submit a State of Illinois Proof of School Dental Examination Form dated on or after November 15th, 2022.

Please notify the health office of students with special health related needs regarding medications, life-threatening allergies, chronic medical conditions and physical education restrictions. Students may be requested to complete emergency action plans if necessary.

Please submit these health requirements by June 2, 2022. We are also in the building all summer, Monday - Thursday, to receive completed paperwork and to answer any questions you may have. You may also direct questions to our Health Office email at <u>rmhs.nurse@d214.org</u>

Feel free to call or email with any questions or concerns.

Tiffany Ferguson, MSN, APRN-FPA, FNP-BC

Health Services Supervisor Registered Nurse * Family Nurse Practitioner Office: (847) 718-5663 Fax: (847) 718-5628 Email: <u>tiffany.ferguson@d214.org</u> Amy Soos, RN, BSN, OCN Health Services Supervisor Registered Nurse Office: (847) 718-5663 Fax: (847) 718-5628 Email: amy.soos@d214.org

Requisitos de salud para estudiantes de noveno grado Ingresando a la preparatoria Rolling Meadows en agosto de 2023

High School District 214 tiene una política de exclusión de primer día. Todos los estudiantes deben cumplir con todos los exámenes físicos e inmunizaciones requeridos antes del primer día de asistencia a la escuela.

Los estudiantes que no cumplan con los requisitos no recibirán su horario y serán excluidos de la clase hasta que la enfermera de la escuela reciba la verificación de la vacunación y el examen físico.

Las pautas actuales de vacunación del estado de Illinois para estudiantes que ingresan al noveno grado son las siguientes:

- **DTap, DTP o Td**: tres o más dosis con la última dosis calificada como refuerzo y recibida en o después del 4to cumpleaños.
- Tdap: Una dosis administrada a los 11 años o después.
- **Polio:** Tres o más dosis con la última dosis calificada como refuerzo y recibida en o después del 4to cumpleaños.
- **Sarampión, paperas, rubéola (MMR)**: 2 o más dosis, la primera dosis debe haberse recibido en el primer cumpleaños o después y la segunda dosis no menos de 4 semanas (28 días) más tarde.
- Varicela: declaración del médico que verifica la enfermedad o 2 o más dosis, la primera dosis debe haberse recibido en o después del 1er cumpleaños y la segunda dosis no menos de 4 semanas (28 días) más tarde.
- Vacuna contra la hepatitis B: tres dosis administradas a los intervalos recomendados.
- Vacuna contra el meningococo: una dosis administrada al cumplir 11 años o después.

Todos los estudiantes de noveno grado deben presentar un examen físico en el Certificado de Salud del Estado de Illinois con fecha del 16/08/2022 o posterior.

- La parte del Historial de Salud del Certificado de Salud del Estado de Illinois debe ser completada y firmada por un padre / tutor o se devolverá para su finalización.
- Todos los estudiantes atletas deben realizarse un examen físico anual para participar en deportes.

Todos los estudiantes de noveno grado deben presentar un Formulario de Examen Dental de Prueba de la Escuela del Estado de Illinois con fecha a partir del 15 de noviembre de 2022.

Notifique a la oficina de salud de los estudiantes con necesidades especiales relacionadas con la salud con respecto a medicamentos, alergias potencialmente mortales, afecciones médicas crónicas y restricciones de educación física. Se puede solicitar a los estudiantes que completen planes de acción de emergencia si es necesario.

Envíe estos requisitos de salud antes del 2 de junio de 2023.

No dude en llamar o enviar un correo electrónico con cualquier pregunta o inquietud.

Tiffany Ferguson, MSN, APRN-FPA, FNP-BC Health Services Supervisor Registered Nurse * Family Nurse Practitioner Office: (847) 718-5663 Fax: (847) 718-5628 Email: tiffany.ferguson@d214.org Amy Soos, RN, BSN, OCN Health Services Supervisor Registered Nurse Office: (847) 718-5663 Fax: (847) 718-5628 Email: amy.soos@d214.org

Freshman Elective Classes

You will be asked to select: -Two year long classes OR -One year long class and two semester long classes OR -Four semester long classes AND -Two alternative options in case your first choices don't work

	Year Long Classes	
AVID #02390/40 (Selection Process)	*Concert Orchestra #01791/2	Exercise Physiology-Healthcare #08491/2
*Art 1 #01011/2	*Beginning Choir #01501/2	Spanish 1 or Spanish 2
*Graphics Art Design #01260/06440	*Adv Mixed Choir (Boys) #01591/2	French 1 or French 2
*Concert/Marching Band #01771/2	Computer Programming #09040/50	Spanish for Heritage Learners 2
*Symphonic/Marching Band #01781/2	PLTW Engineering Essentials #11071/2	Italian 1 or Italian 2
*Instrumental Percussion Ensemble #01811/2	CAD for Arch/Const/Eng #16410/50	German (off site)
*Guitar 1 #01841/2	Automotive Systems #06051/2	Japanese (off site)
	Semester Long Classes	
*Photo 1 #01220	Yearbook 1 #03150	Sociology of Marriage & Family #05940
Photo 2 #01230	Yearbook 2 #03160	American Law #07790
*Intro to 3D Art #01310	*Music Workshop #01510	**Consumer Ed #59940
3D Art 1 #01330	Intro to Culinary Arts #57800	Personal Finance #06210
*Acting 1 #03060	Adv. Culinary Arts #57900	Intro to Business #05601
Acting 2 #03070	Fashion Design #05850	Sports & Enter Marketing #05720
Intro to Multimedia #09000	Personal Auto #06080	College IT Fundamentals #60740
Adv Multimedia Communications #09120	Foundations of Learning & Dev. #09610	College A+ Operating Sys #66800
*Art Survey #01250	Intro to Teaching Methods #09620	
·	After School Classes	
Naval Science #08451/2	Robotics #06801/2	Jazz Band #01801/2
String Ensemble #01901/2	Vocal Ensemble 2 #01641/2	· ·
	Clases Electivas De Primer Añ	0
	* Orquesta de Conciertos #01791/2	Figuriais Figure for Considered #00,404/2
AVID #02390/40 (proceso de selección)		Ejercicio Fisiología-Sanidad #08491/2
*Arte 1 #01011/2	Coro Principiante #01501/2	Español
*Diseño de Arte de Gráficos #01260/06440	Coro Mixto Avanzado (Chicos) #01591/2	Francés
*Banda de Concierto #01771/2	Programación de Computadora #09040/50	Español para hablantes de español
* Banda Sinfónica/Marcha #01781/2	Proyecto Abrir el Camino-Esenciales de	Italiano
* Conjunto Instrumental de Percusión	Diseño asistido por computadora para	Alemán (Fuera del sitio)
* Guitarra 1 #01841/2	Sistemas Automotrices #06051/2	Japonés (Fuera del sitio)
*5	Clases que son Semestre Solamente	
*Foto 1 #01220	Anuario 1 #03150	Sociología del Matrimonio y la Familia #0594
Foto 2 #01230	Anuario 2 #03160	Ley Americana #07790
*Introducción al arte 3D #01310	Seminario de Musica #01510	**Educación al consumidor #59940
3 Dimensiones Arte 1 #01330	Introducción a las artes culinarias #57800	Finanzas Personales #06210
*Actuando 1 #03060	Artes Culinarias Avanzadas #57900	Introducción a Negocios #05601
Actuando 2 #03070	Diseño de moda #05850	Marketing Deportivo y Entretenimiento #0572
Introducción a multimedia #09000	Mecánica #06080	Fundamentos de informática de la computació
Comunicaciones Multimedia Avanzadas	Fundamentos del Aprendizaje y Desarrollo	Universidad A+ Funcionamiento Operativo de
Encuesta de Arte #01250	Introducción a los métodos de enseñanza	
	Después de clases Escolares	
Ciencia Naval #08451/2	Robótica #06801/2	Banda de Jazz #01801/2
Conjunto de Cuerdas 01901/2	Ensemble Vocal 2 #01641/2	

DISTRICT 214 GRADUATION REQUIREMENTS

Students must meet the following course and credit requirements to graduate. These course/credit requirements are defined by and include the district's learning goals and standards. Specific information about each requirement is available at each site.

In order to receive a diploma from a District 214 high school, a student must:

- 1. earn a minimum of 4.0 units of credit in English;
- earn a minimum of 3.0 units of credit in mathematics (including 1 unit of algebra 1 (algebra 60, 61, 62, and 63, or 66 and 67, or 70 and 71, or 74 and 75, or 80 and 81, or 90 and 91) and 1 unit of geometry (64 and 65, or 72 and 73, or 82 and 83 or 92 and 93) unless otherwise approved by an associate principal for instruction or an assistant principal for student services;
- 3. earn a minimum of 2.0 units of credit in science;
- 4. earn a minimum of 2.0 units of credit in social science;
- 5. earn a minimum of 1.0 unit of credit in the career and technical education program or the world language program (including American Sign Language);
- 6. earn a minimum of .5 unit of credit in health education;
- 7. enroll in a minimum of .25 unit of credit in physical education for each semester of attendance in District 214 except the semester the student is enrolled in health;
- 8. pass a course(s) that meet(s) the fine arts requirement;
- 9. pass an examination covering the federal and state constitutions, the Declaration of Independence, and flag etiquette;
- 10. meet the consumer education requirement
- 11. enroll in District 214 as a full--time (2.75) credits student for at least one semester and earn a minimum of 2.75 District 214 credits;
- 12. take a state mandated assessment
- 13. earn a minimum of 21.0 units of academic credit.

FRESHMAN COURSES THAT WILL MEET THE:

Consumer Education Requirement

#05601/2Introduction to Business#06210Personal Finance

Fine Arts Requirement

#01011/2	Art 1	#01591/2	Adv Mixed Choir (Boys)
#01310	Intro to 3-D Art	#01771/2	Concert Band/Marching Band
#03060	Acting 1	#01801/2	Jazz Band (After School)
#01250	Art Survey	#01811/2	Instrumental Ensemble
#01260	Graphic Art Design	#01841/2	Guitar 1
#01501/2	Treble Choir (Girls)	#01781/2	Symphonic/Marching Band
#01791/2	Concert Orchestra	#01901/2	String Ensemble (After School)
#01791/2	Concert Orchestra	#01901/2	String Ensemble (After School)
#01220	Photo 1	#08551/2	Dance

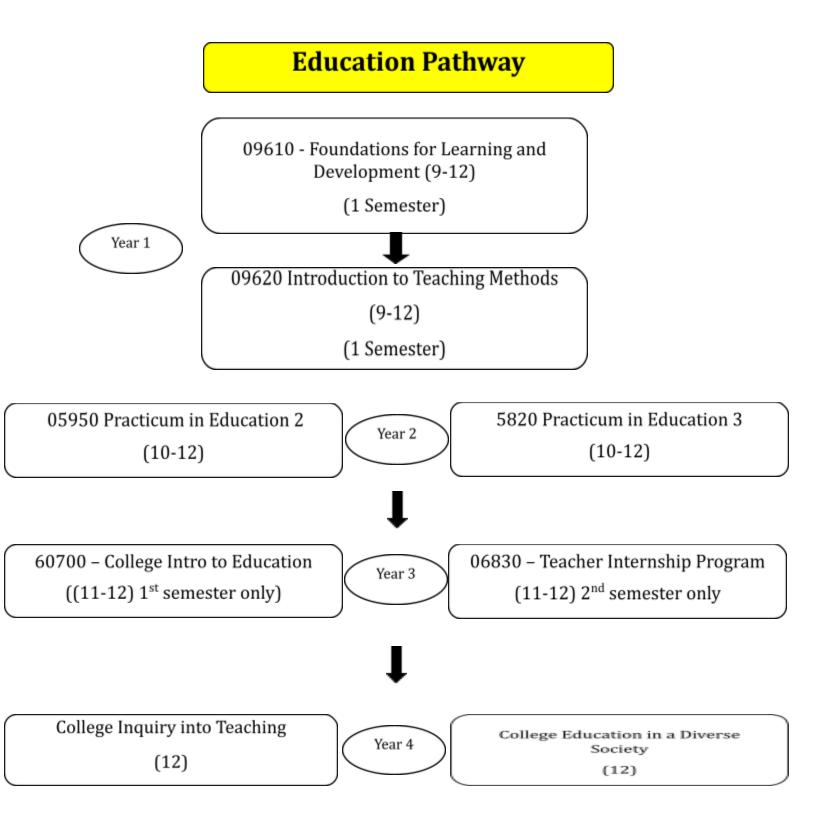
CAREER & TECHNICAL EDUCATION, PE, HEALTH AND DRIVERS ED.

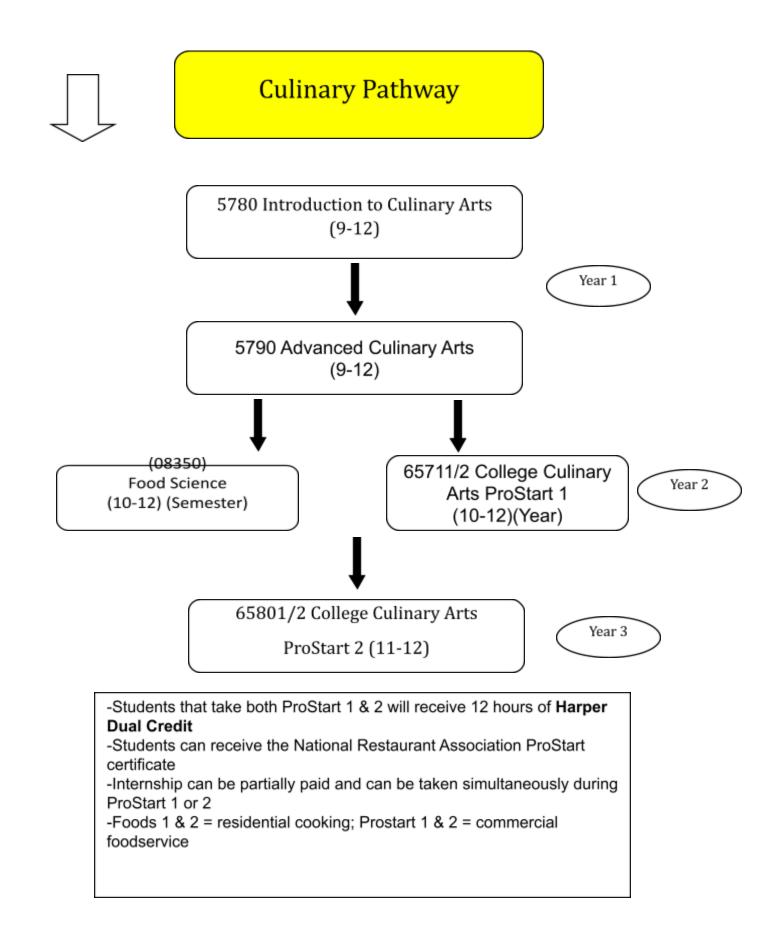
David Wietrzak,

Division Head Phone: 847-718-5756 david.wietrzak@d214.org

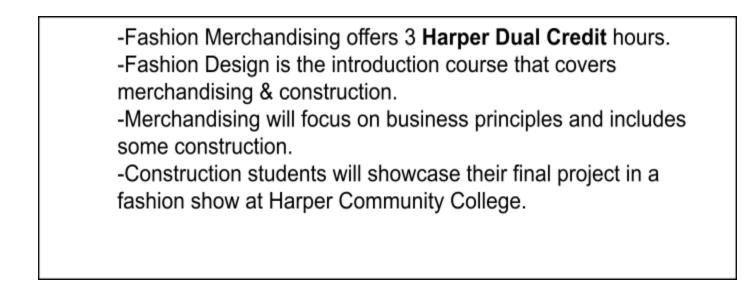
Mary Masnica,

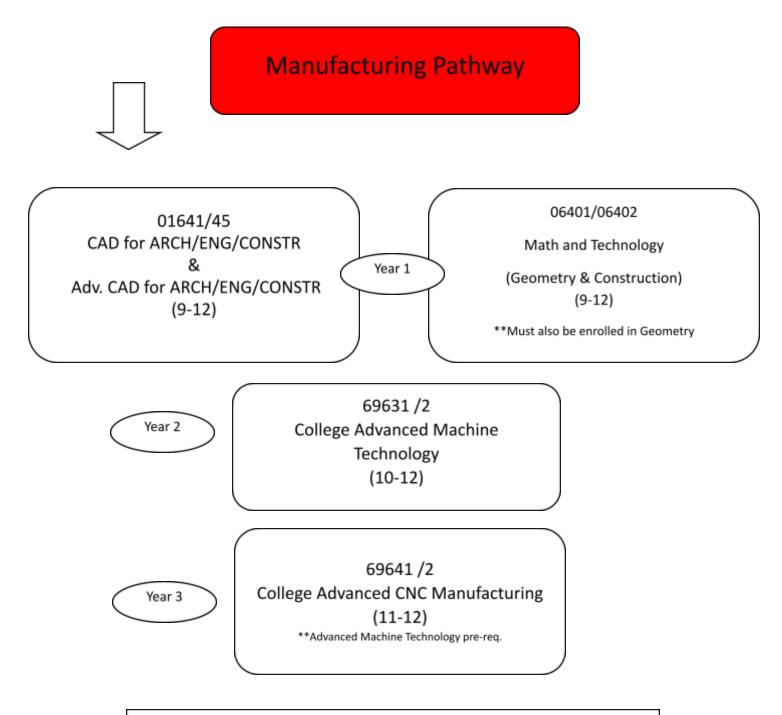
Division Assistant Phone: 847-718-5640 mary.masnica@d214.org



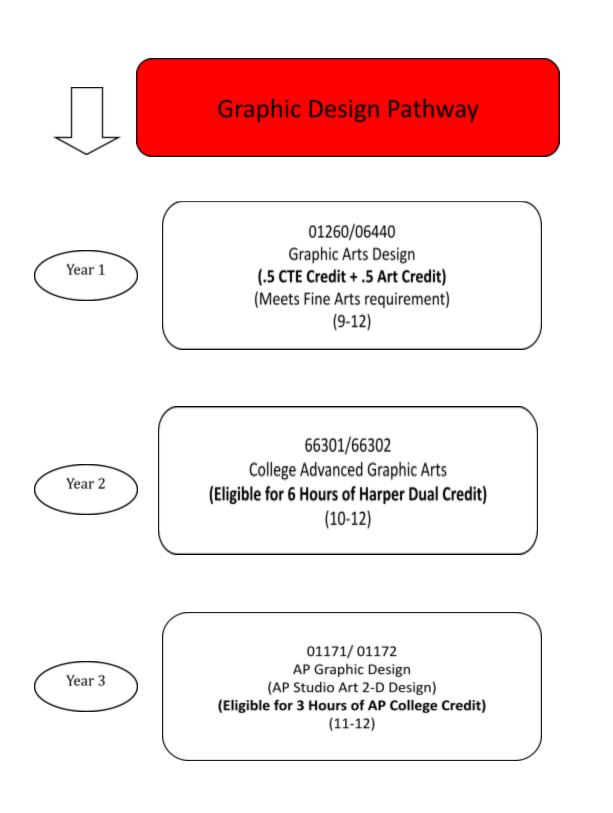








Advanced Machine Technology – This course is eligible for Harper Dual Credit Advanced CNC Manufacturing – This course is eligible for Harper Dual Credit



05740 Small Business MGMT (.5 Business Credit) 10-12



PLTW Engineering

11071/11072

Engineering Essentials

(9-12)



06891/2

Computer Integrated Manufacturing (10-12) **Engineering Essentials is a pre-req.

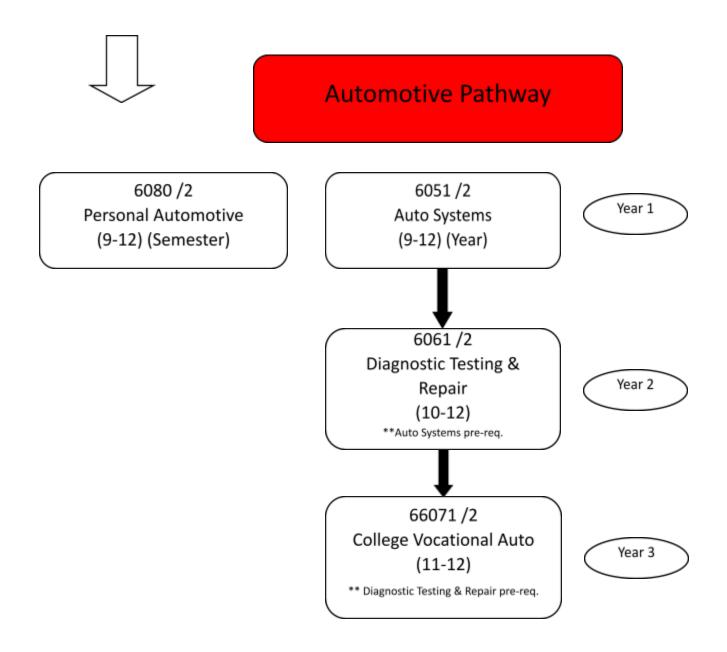


66941/2 Aerospace Engineering (10-12) **Engineering Essentials is a pre-req.

Year 3

* All courses are considered for college weight.

* All Courses have a dual college credit option



-Taking Auto Systems and Diagnostic Testing & Vocational Auto will provide the student access to NATEF certifications.

-Vocational Auto provides Honors Credit & Dual Credit at Triton.



IT Career Pathway (Computer Programming)

09040/09050 Computer Programming Mobile Apps (9-12)



10601/2

AP Computer Science Principles (10-12)



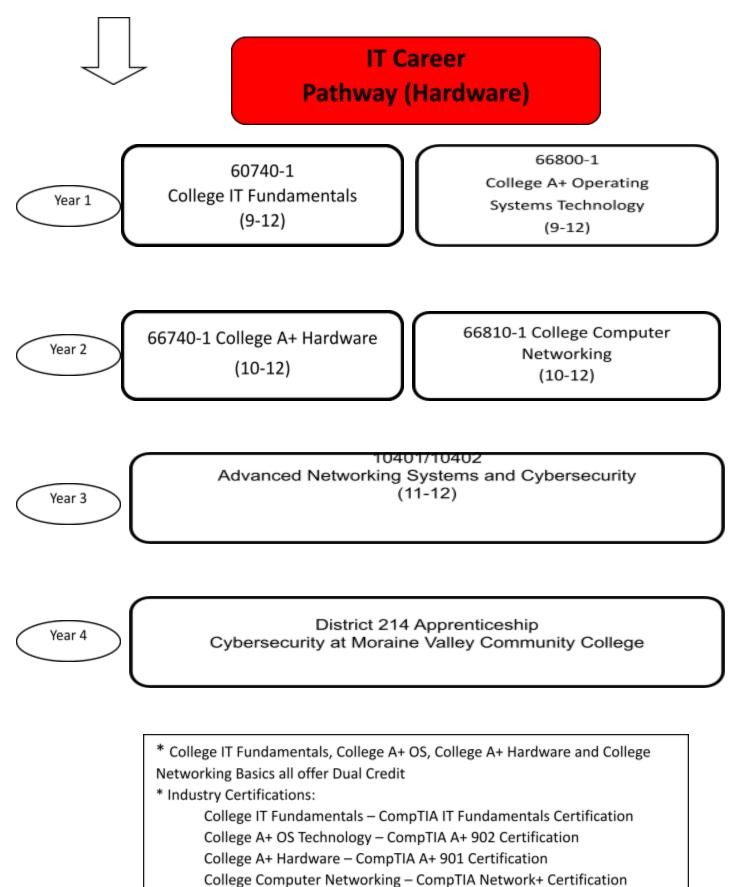
Year 1

9091/2 AP Computer Science A (10-12)

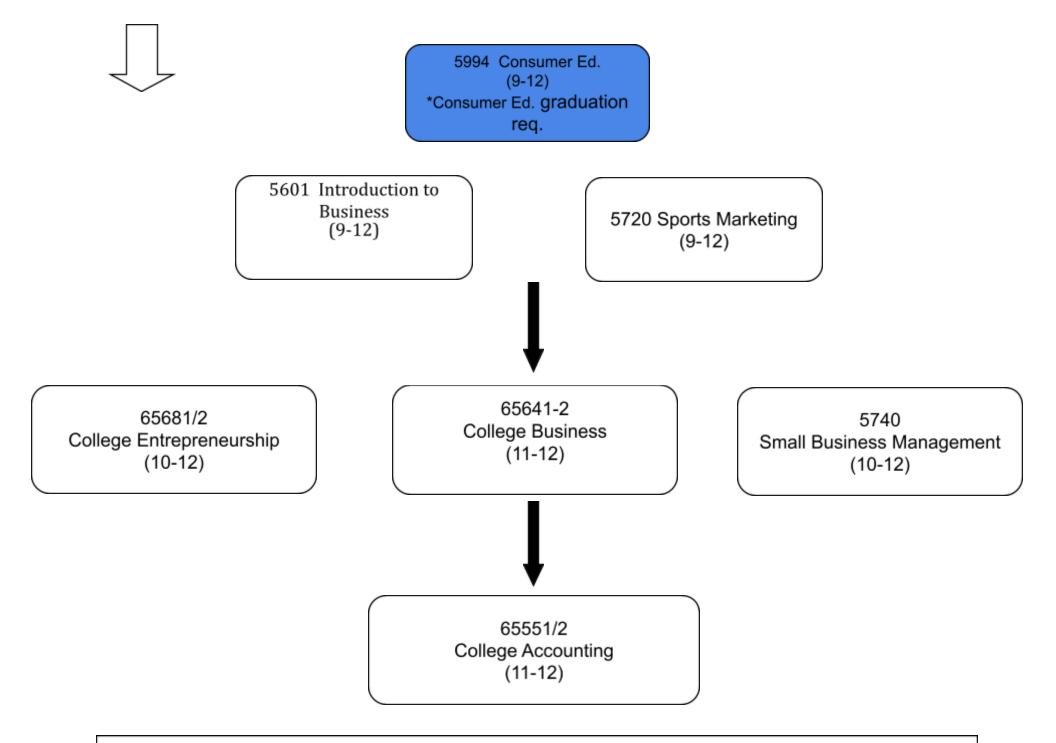


District Apprenticeship Cybersecurity at Moraine Valley Community College

Year 4



Advanced Networking – CompTIA Security+ Certification

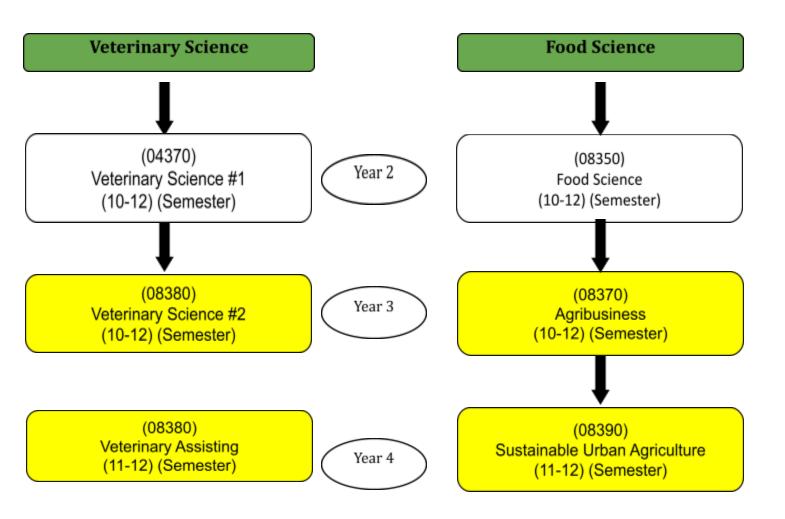


College Accounting and College Business – Receive honors credit and dual credit from National Louis University.

Agriculture Pathway

Agriculture Biology (07981/07982) Honors Agriculture Biology (57981/57982) (9)





* **Urban Agriculture -** Students taking this course are eligible to receive college credit from the College of DuPage.

*Veterinary Pathway - Students who have taken an intro class in the medical pathway will be able to take Vet Science courses.

*Food Science Pathway - Students who complete Intro to Culinary Arts (57800) will be able eligible to take Food Science. Students who have taken Intro to Business (05601/05602) course will be able to take Ag Business.



Aviation Pathway

06881 /2 Introduction to Engineering & Design (9-12)



66941/2 Aerospace Engineering (10-12) **Introduction to Engineering & Design pre-req.



66840/50

College Aviation Physics (10-12) ** pre-req PLTW-IED.

66850
\$ Aviation Funda

College Aviation Fundamentals (11-12) ***** pre-req PLTW-IED.

Year 3

* All courses are Honors weighted

* All Courses have a dual college credit option

RMHS Physcial Education Course Offerings				
PE Courses	Freshman	Sophomore	Junior	Senior
851/852 Freshman PE	RM			
8441/2 Beg. Strength/Cond.	RM	RM		
855 Dance #1	RM	RM	RM	RM
8671/2 Power Gymnastics	RM	RM	RM	RM
8681/2 Grace Gymnastics	RM	RM	RM	RM
8801/2 LifeStyle Fitness	RM	RM	RM	RM
08491/2 Exercise Physiology	RM	RM	RM	RM
8691/2 Health		RM	RM	RM
8691/8760 Health/Adv. Activities (Year)		RM		
8740 Yoga & Mindful Movement Practices		RM	RM	RM
853/854 Physical Ed		RM	RM	RM
856 Dance #2		RM	RM	RM
ZH08750/60 (Zero Hr.) Adv. Act.		RM	RM	RM
8750/60 Adv. Activities (Athletes)		RM	RM	RM
8661/2 Adv Strength/Cond.		RM	RM	RM
8661/2 Adv Strength/Cond. (Dual Credit)(Fall)				RM
8580/90 Jr. Leaders			RM	
8601/2 Sr. Leaders				RM
08571/2 Orchesis (By Audition)	RM	RM	RM	RM
8500 Modified PE (Recommended)	RM	RM	RM	RM

2022-23 Strength Classes

Zero Hour – Pilot for Football, Basketball and Soccer Players

Advanced Activities – Coach/Teacher Recommendation for current sophomore through senior athletes

Advanced Strength & Dual Credit – Class is designed for sophomore through senior students who enjoy working out in the weight room but are not athletes

Sophomore Health/Advanced Activities – Coach/Teacher Recommendation for current freshmen athletes who will take PE and Health for an entire year. Designed so that sophomores do not miss an entire semester of training.

Beginning Strength & Conditioning – Class is designed for mostly freshmen and if needed few sophomores who are athletes or interested in the strength sequence.

Ideally we would like to see our <u>athletes</u> move through the following sequence:

Freshmen – Beginning Strength Sophomores – Advanced Activities or Sophomore Health/AA Juniors – Advanced Activities Seniors – Advanced Activities

English, Music and Fine Arts

Mary Luckritz,

Division Head Phone: 847-718-5674 <u>mary.luckritz@d214.org</u>

Josie Fink,

Division Assistant Phone: 847-718-5675 josephine.fink@d214.org

ENGLISH ELECTIVES

Yearbook 1 (0315) Yearbook 2 (0316)



If you have any questions, please contact Ms. Luckritz at 847-718-5674 or email her at mary.luckritz@d214.org



ENGLISH ELECTIVES



Intro to Multimedia Communication (9000)

Advanced Multimedia Communications (9120)

If you have any questions, please contact Ms. Luckritz at 847-718-5674 or email her at mary.luckritz@d214.org



ENGLISH / Theatre (Acting)



Fulfills Fine Arts Graduation Requirement

> Acting 1 (0306) Acting 2 (0307)

If you have any questions, please contact Ms. Luckritz at 847-718-5674 or email her at mary.luckritz@d214.org





Join RMHS Choir!

Contact Ms. Walsh at <u>caitlyn.walsh@d214.org</u> for more info. Follow @RMHS_Choir on Twitter and Instagram!

Beginning Choir - 1501/1502 Adv Mixed Choir - 1591/1592



Vocal Ensemble 1 (Madrigals) - 1631/1632 *By audition only - sophomores thru seniors



Acapella *Extracurricular Activity that meets on Monday evenings



Show Choir *Extracurricular Activity that meets on Monday evenings



Join the RMHS Orchestras!



State & Nationally Recognized!



Perform Great Music



Make Friends



Travel



Have fun!

All interested incoming Freshmen who play violin, viola, cello, bass, piano or harp should sign up for Concert Orchestra (01791)

BAND Program

Rolling Meadows High School Band program wants you to be a part of a tradition of performance excellence!



Concert Band/Marching Band (course 1771/1772) Percussionists=Instrumental Ensemble (course 1811/18112)







All instrumentalists are members of the marching band in the fall and are members of the concert bands in the winter and spring.

Opportunities exist for other ensembles, including: Orchestra Winds and Percussion, Show Choir Combo, Musical Pit Orchestra, Madrigal Brass, Jazz Band, and Jazz Combo. The bands perform in contests, festivals, concerts, athletic events, parades, and tours. The Music Department takes a Spring Trip every other year. Don't miss out on being a part of the fun and the challenge.

> If you have questions, please contact **Mr. Christopher Buti** Director of Bands, Color Guard, and Fine Arts Coordinator 847-718-5752 or chris.buti@d214.org *More information and media at rmhsmusicboosters.com*



ALL CLASSES ARE FULL YEAR (1 CREDIT)

- <u>Guitar 1</u> (01841) Beginner level Students with less than one year of guitar experience should sign up for this class.
- <u>Guitar 2</u> (01851) Intermediate level Guitar 2 students should be able to play open major, dominant, & minor chords; barre chords; know all of their notes in first position on all 6 strings, and be able to read basic music notation.
- <u>Advanced Guitar Workshop</u> (01761) Advanced level.
 Repeatable class for students who wish to challenge themselves with more advanced guitar techniques and music.

Students do not need to own a guitar to enroll in Guitar classes.

ROLLING MEADOWS HIGH SCHOOL

Why Take Art???

Art encourages higher order thought processes that are different than many traditional academics. In art, there is no one correct answer. Therefore, the student is forced to analyze the problem given to them and come up with their own unique solution. This type of creative problem solving is a valuable skill. Once students have learned this skill, they can use it to write English papers, design science experiments or even solve problems in their own lives, outside of school. American culture is fascinated with the new and different. Therefore, more than ever, employers are looking for innovative thinkers. Students that able to solve problems creatively have an edge in the job market.

Plus... it's FUN!

FINE ARTS COURSES

2D ART Drawing, painting, printmaking, oh my! All things flat and awesome.	3D ART Takes up space! Clay, throwing on the pottery wheel, & magic glazes.	PHOTO Classic 35mm BW film in the darkroom & current digital with Photoshop!
Art 1 (1011/2) 1 year *Is a pre-requisite*	Intro to 3D Art (1330) 1 semester *Is a pre-requisite* or	Photo 1 (1220) 1 semester *Is a pre-requisite*
2D Art 1 (1360) 1 semester	Art 1 (1011/2) 1 year *Is a pre-requisite*	Photo 2 (1230) 1 semester
2D Art 2 (1370) 1 semester	3D Art 1 (1330) 1 semester	Photo 3 (1240) 1 semester
2D Art 3 (1380) 1 semester	3D Art 2 (1340) 1 semester	Advanced Photo (1490) 1 semester *Can be repeated*
Advanced 2D Art (1200) 1 semester *Can be repeated*	3D Art 3 (1350) 1 semester	AP 2D Design (1171/2) 1 year *Can be repeated*
AP Drawing (1191/2) or AP 2D Design (1171/2)	Advanced 3D Art (1210) 1 semester *Can be repeated*	
l year *Can be repeated*	AP 3D Design (1181/2) 1 year *Can be repeated*	PRT

ROLLING MEADOWS HIGH SCHOOL



2D ART

Drawing, painting, printmaking, oh my! All things flat and awesome.

Freshmen	Sophomore	Junior	Senior	
Year	Year	Year	Year	
Art 1 (1011/2)	2D Art 1 (1360)	2D Art 3 (1380)	AP Drawing (1191/2)	
1 year	1 semester	1 semester	or	
ls a pre-requisite	2D Art 2 (1370) 1 semester	Advanced 2D Art (1200) 1 semester	AP 2D Design (1171/2) 1 year *Can be repeated*	
		Can be repeated	*Suggested 4-year	

What can I do with 2D Art??

Editorial Illustrator Children's Book Illustrator Cartoonist/Caricaturist Comic/Graphic Novel Artist Courtroom Illustrator Scientific Illustrator Technical Illustrator Medical Illustrator Product Illustrator Freelance Illustrator

Architect Toy Designer Product Designer Typography Designer Logo Designer Advertising Creative Director Fashion Illustrator Scenic/Theatre PAitner Storyboard Illustrator

Animator Fashion Designer Muralist Tattoo Designer Portrait Artist Graphic Designer Computer Animation UX Designer Video Game Designer AND SO MUCH MORE!

ROLLING MEADOWS HIGH SCHOOL



3D ART

Takes up space! Clay, throwing on the pottery wheel, & magic glazes.

vav'

Freshmen Year	Sophomore Year	Junior Year	Senior Year
Intro to 3D Art (1330) 1 semester *Is a pre-requisite*	3D Art 1 (1330) 1 semester	3D Art 3 (1350) 1 semester	AP 3D Design (1181/2) 1 year *Can be repeated*
or Art 1 (1011/2) 1 year *Is a pre-requisite*	3D Art 2 (1340) 1 semester	Advanced 3D Art (1210) 1 semester *Can be repeated*	*Suggested 4-year Pa

What can I do with 3D Art??

Sculptor Product Designer Toy Designer Claymation Set Designer Furniture Designer Package Designer Fashion Designer Interior Architect Exhiit/Display Deisnger

CAD Systems Professional Costume Designer Draper Puppet Designer Scenic Painter Property/Shop Technician Lighting Designer 3D Animator 3D Modeling Jewelry Designer Floral Designer Metal Fabricator Taxidermist Blacksmith Transportation Designer Naval Architect Automotive Designer Architect Landscape Architect AND SO MUCH MORE!

ROLLING MEADOWS HIGH SCHOOL



ΡΗΟΤΟ

Classic 35mm BW film in the darkroom & current digital with Photoshop!

Freshmen Year	Sophomore Year	Junior Year	Senior Year
Photo 1 (1220) 1 semester *Is a pre-requisite*	Photo 3 (1240) 1 semester	Advanced Photo (1490) 1 semester *Can be repeated*	AP 2D Design (1171/2) 1 year *Can be repeated*
Photo 2 (1230) 1 semester	Advanced Photo (1490) 1 semester *Can be repeated*		*Suggested 4-year Pathwa

What can I do with Photography??

Fine Art	Photo Studio Owner	Wedding
Commercial	Automotive	Event
Architectural	Catalog	Advertising
Aerial	Cosmetic	Underwater
Photojournalist	Food	Wildlife
Fashion	Interior	Portrait
Medial	Photo Stylist	Macro
Forensic	Sports	Celebrity
Product	Real Estate	Graphic Design
Photo Editor	Travel	AND SO MUCH MORE

MATHEMATICS/SCIENCE

Joanie Gallagher

Division Head Phone: 847-718-5724 joan.gallagher@d214.org

Gloria Vergara

Division Assistant Phone: 847-718-5725 gloria.vergara@d214.org

Math Graduation Requirements

Students must earn a minimum of 3.0 units of credit in mathematics, including 1.0 unit in Algebra 1 and 1.0 unit in a course that includes geometry concepts. Four years of math is highly recommended for college bound students.

Freshman placement is based initially on 8th grade teacher recommendation, previous math courses, previous math course achievement, and PSAT math test results. Students will likely be placed in algebra or honors geometry.

Science Graduation Requirements

Students must earn a minimum of 2.0 units of credit in science. For college bound students, it is highly recommended that each student complete study in at least biology, chemistry, and physics.

Students will be placed in one of two areas of biology. Freshman students will choose to take Agricultural Biology or Biology. Students will request their choice between Ag Bio and Bio during registration. All efforts will be made to accommodate first choice options. Rolling Meadows will continue offering Earned Honors Credit in both Ag Bio and Bio, so all students have the opportunity to earn honors credit as semesters progress.

SOCIAL SCIENCE & WORLD LANGUAGE

Greta Rakow, Division Head Phone: 847-718-5697 greta.rakow@d214.org

Susannah Meredith, Division Assistant Phone: 847-718-5698 susannah.meredith@d214.org

Social Science Core Curriculum at Rolling Meadows High School

Students are required to take two years of Social Science to graduate in D214. Based on requirements for college admission and the development of SAT literacy skills; we highly recommend three full years of social science which includes the sequences of course listed below:

Freshman: Human Geography or AP Human Geography (this course fulfills the IL high school civics requirement for graduation)

Sophomore: World History or AP World History

Junior: United States History or AP U.S. History

Sophomore, Junior or Senior Elective options: AP Economics, AP Politics and Government, AP Psychology, AP European History, World Religions Dual Credit, Law Pathway Courses, Psychology or Sociology.

Legal Pathway: Students that may be interested in pursuing a career in legal services or criminal justice may want to take the sequence of courses offered in the Legal Pathway. Students in grades 9-11 can take American Law as a first course in the Legal Pathway sequence of courses. Students can then enroll in Criminal and Civil Law and Constitutional Law in future semesters before having possible options for dual credit courses through EIU and/or Harper College.

SOCIAL SCIENCE FRESHMAN COURSE OFFERINGS

Human Geography Rec Grade Lvl: 9

Prerequisite: Placement

This course focuses on the world's physical features, how they blend with social systems, and how they affect economies, politics, and human interaction. By understanding how political and economic systems influence international events, students will develop the skills and knowledge they will need to be contributing citizens: they will be able to make informed choices, prudently use resources, and function as effective participants in the economies around them. Students will also meet their civics graduation requirement through this course.

Credit/Sem: 0.5

AP Human Geography Rec Grade Lvl: 9

Prerequisite: Placement

Students who are placed in Honors English will be placed in Advanced Placement Human Geography. This course provides an accelerated study of Human Geography, Politics, and Economics equivalent to those gained in a college level introductory course. Emphasis will be on ways that early civilizations throughout the world developed systems in beliefs about the nature of the world and how these and other beliefs resulted in laws, religions, languages, economics, communication, and technology that have shaped the modern world. Students will understand how political and economic systems influence international events. This course will prepare students to take the College Board Advanced Placement exam. Students will also meet their civics graduation requirement through this course.

World Languages at Rolling Meadows High School

Why should I take a World Language?

Learning a World Language is one of the most rewarding studies available in High School and opens the way to many satisfying and enriching experiences. It provides an opportunity to get to know another culture's music, art, literature and history. In an increasingly global and diverse society, a second language is essential and would benefit a person when pursuing a career in a multitude of fields.

College Requirements

The study of World Languages in high school can be used to meet college requirements. Completion of a World Language in high school may lead to college credit. Many colleges require two or more years of a World Language for admission. Some colleges require more for graduation. We offer AP Spanish Language and Culture, AP Spanish Literature, AP French Language and Culture, and AP Italian Language and Culture. All of these courses can lead to college credit.

Business Careers	Arts
Diplomatic Service	Teaching
Science	Social Work
Research	Translating & Interpreting
Airlines	Service: hotels & restaurants
Travel	Computer programming
Journalism	Law

Career Opportunities in the World Languages

WORLD LANGUAGE COURSE OFFERINGS

The District 214 offers a variety of world languages including: French, German, Italian, Japanese, Mandarin Chinese, and Spanish. These courses are offered and run based on numbers and could potentially be held on another district campus. French, Italian and Spanish are programs that are currently offered and are taught on site at RMHS.

For students that are coming to the high school with language experience in French, Italian and Spanish; the students will be placed in Level 2. Junior high teachers will communicate any individualized placement requests mid year based on criteria articulated with the High School.

French 1 Rec Grade Lvl: 9-12

Prerequisite: None

This course provides an introduction to the French language and culture with an emphasis on understanding and speaking elementary French phrases used in everyday conversation. Students first learn listening comprehension, pronunciation, and speaking skills. Reading and writing are learned through the study of previously introduced materials.

Credit/Sem: 0.5

French 2 Rec Grade Lvl: 9-12

Prerequisite: 07001/07002 or Equivalent

This course exposes students to more complex materials in grammar and the basic skills. Students broaden their skills in listening, comprehension, speaking, reading and writing. Listening activities are further developed with the use of video presentations and laboratory activities. In addition, students refine their cultural perception through exposure to French films, French contemporary songs, and French magazine articles.

Spanish 1 Rec Grade Lvl: 9-12

Prerequisite: None

This course is an introduction to the Spanish language and culture with an emphasis on understanding and speaking the language. Students will develop listening, speaking, reading, and writing skills and acquire topical vocabulary and knowledge of elementary grammar. This class also provides insight into Hispanic culture (geography, cross-cultural differences, and current events).

Credit/Sem: 0.5

Spanish 2 Rec Grade Lvl: 9-12

Prerequisite: 07331/07332 or Equivalent

This course will expand the listening, speaking, reading, and writing skills that were introduced in Spanish 1. Writing, reading for comprehension, vocabulary acquisition, cultural awareness, career awareness, and learning and study skills are given increased emphasis.

Spanish for Heritage Learners 2 Rec Grade Lvl: 9-12

Prerequisite: Teacher Recommendation, Placement Survey

This course will focus on advanced literature and composition with special emphasis on understanding and appreciating Hispanic literature and culture. In addition, students will develop advanced vocabulary and sentence structure through major literary works such as novels and poems. Students' oral fluency will develop through presentations and class discussions. After successfully completing this course, and with a final assessment by the instructor, students may have the opportunity to advance to Spanish 4, Advanced Placement Spanish Language and Culture, Advanced Placement Spanish Literature. Incoming students will be given a placement test to ensure that they are properly placed in the Native Speakers sequence. Rolling Meadows will coordinate with the feeder schools to assess the students.

Italian 1 Rec Grade Lvl: 9-12

Prerequisite: None

This course presents an introduction to the Italian language and culture. Listening, speaking, reading, and writing skills are developed with an emphasis on understanding and speaking the language. Students will master the basic structures of everyday conversation and writing. Every effort is made to provide students with opportunities for self-expression in concrete situations. To introduce students to contemporary, non-touristic Italian life and culture, the themes of the various supplementary activities such as dialogue, readings, geography, and history, help convey to students what life is like in Italy today.

Credit/Sem: 0.5

Italian 2 Rec Grade Lvl: 9-12

Prerequisite: 07451/07452

This course expands the skills introduced in Italian 1. Reading and writing activities reinforce the listening and speaking activities as well as develop the ability to read and write for educational and recreational purposes. Students also advance their study of Italian culture.

SPECIAL EDUCATION

(Individual Resources)

Brenda Cognac-Martin,

Division Head Phone: 847-718-5911 brenda.martin@d214.org

Mariann Rice,

Division Assistant Phone: 847-718-5780 mariann.rice@d214.org Rolling Meadows High School Special Education Continuum of Services



Special Education Services:

Rolling Meadows High School Special Education Division is one of the six comprehensive schools within District 214. First, a student must have or qualify for special education services through the school "child find" MTSS/RTi process. All needs stemming directly or indirectly from the student's disability that impact the student's academic or functional performance should be addressed in the IEP.

The special education services provided focus on helping students with a disability learn within the least restrictive learning environment that meets each of their individual needs. In fact, federal law requires that students who receive special education services be taught alongside their general education peers, as much as possible. The special education are servicing throughout the school day. The team consists of the student, parent/guardian and school team. The goal is for each student with special education services to maximize their potential for post-secondary outcomes. Special education refers to a range of services between instructional developmental courses to mainstream general education services that can be provided in different ways and in different settings.

Individual Education Plan (IEP):

The individual education plan provides an individual plan for each of the students who qualify for special education services. The IEP is often described as the cornerstone of special education. It is a <u>legally binding</u> <u>document</u> that details a student's annual learning goals as well as the special services and support the school will provide to help the student meet those goals. The student's transition plan is the driving force behind their services as well to develop post-secondary skills. It's important that students understand what their disability means and build upon their advocacy skills.

Case Manager & Related Services:

Case manager-manages the IEP team identifies the needs stemming directly or indirectly from the student's disability and the area(s) in which the student requires special education, related service(s), supplementary aids and services and/or accommodations/ modifications in order to address the identified needs and be involved and make progress in the general education curriculum.

Related Services - Identify if the student is receiving any related services (e.g., transportation, social work, health services, guidance counseling, etc.) and write a brief statement on how the related services pertain to transition needs. If a student utilizes assistive technology (AT) or an AAC device to communicate, this should also be included. The IEP team then discusses alternate post-secondary funding sources for the AT devices with the parent/guardian and student. If a student does not require related services, indicate "No related services are needed at this time.

Accommodations vs. Modifications:

An accommodation changes how a student learns the instructional materials or skills. A modification changes what a student is taught or expected to learn. They are individualized to meet the students' needs.

The IEP identifies six special factors which are discussed to further identify each student's individualized needs and determine whether the student requires this type of support in order to make progress in the age/grade appropriate general education curriculum. A student may or may not have needs in some or all of these areas. The

six special factors include: For a student who is blind or visually impaired, whether he/she should be provided with instruction in Braille and/or the use of Braille; The communication needs of the student, and for a student who is deaf, the student's language needs and opportunities for direct communication with peers and staff; For a student who is an EL, his/her language needs as they relate to his/her disability; Student's need for an AAC device; Student's need for AT devices or services; and For a student whose behavior impedes his/her or other's learning, the need for positive behavioral interventions, supports and strategies.

Inclusive Learning Environment:

The majority of our special education students are enrolled in general education classes at least 85% of their school day. Students can be enrolled in a variety of general education classes based on the student's ability level to function within the learning environment in order to make academic and social emotional progress. We have support within these classes from team teaching, general education and special education teachers together, to instructional assistant support within the learning environment. We have support that assists the classrooms based on the needs of the students that school year.

Instructional vs. Co-taught, Instructional Asst. Supports:

Students in special education are enrolled in instructional developing classes with specialized and modified instruction when their skills are discrepant compared to their typical peers. Co-taught classes are within the general education setting with one content and one special education teacher. Instructional assistants in the classroom support the lead teacher and students within the classroom.

Transition Plan- College, Career & Life Opportunities:

Students should take advantage of the career pathway opportunities. D214 has at least 16 career pathways aligned to courses for students to experience during high school. Many of them offer dual or college credit and many accredited programs too. Within the student's IEP the driving force to help the students set achievable transitional goals that are relevant to their post-secondary education or employment pathway.

A transition plan must be developed for all students who are or will be 14½, during the life of the IEP and annually thereafter. Transition services are a coordinated set of activities for students with disabilities: Designed to be within a results-oriented process, focused on improving the academic and functional achievement of the student with disabilities to facilitate the student's movement from school to post school activities, including postsecondary education, vocational education, integrated employment (including supported employment), continuing and adult education, adult services, independent living, or community participation; and Based on the individual student's needs, taking into account the student's strengths, preferences, and interests; includes instruction, related services, community experiences, the development of employment and other post-school adult living objectives, and acquisition of daily living skills.

A **Case Manager** is a certified special educator who oversees the special education processes and verifies that IEP services are implemented in compliance with federal, state and district regulations.

Scheduling & Developing IEPs	 Setup up Notification of
	IEP/Re-re-evaluation meeting and invite all
	team members to each of the students'
	meetings within legal compliance dates
	 Gather input/data from general education
	teachers and related service providers to
	develop the IEP
	 Provide a draft copy of the IEP at least 3
	days prior to the meeting scheduled to the
	parent(s)/guardian
Managing their Caseloads	 Ensure students' are receiving their IEP
	services noted on their plan (ex.
	accommodations, behavior intervention plan,
	data collection methods, working towards
	their individual and transition goals)
	 Communication and legal follow ups
	between team members (school, student &
	family)
	 Build a relationship with the students on
	their caseload
	 Disseminate & collaborate IEP information
	between school and home
Providing Case Manager Services	 Provide direct/indirect services to help the
	student build upon advocacy skills
	 Provide the LRE (least restrictive learning
	environment) based on the student's
	deficits/skills
	 Gather data and update IEP goal progress at
	least quarterly and send a copy to the
	parent(s)/guardian
	 Follow and update transition plan
	 Manages the IEP/Re-eval. process for
	students on their caseload

Typical Related Service Providers	Provide direct or consult minutes to the student's service plan that is part of the IEP services.
Social Worker/Psychologist	School social workers play a critical role in schools and educational settings. Social workers working within school systems provide services to students to enhance their emotional well-being and improve their academic performance.
Speech	Speech-language pathology is the science of diagnosing and treating disorders of communication including problems with speaking and understanding language and related problems with reading and writing.

NAVAL JUNIOR RESERVE OFFICERS TRAINING CORPS (NJROTC)

Wayne Beyer, Senior Naval Science Instructor Phone: 847-718-7116 wayne.beyer@d214.org

Jermaine Cotillier, Naval Science Instructor Phone: 847-718-7115 jermaine.cotillier@d214.org

Naval Science

Navy Junior Reserve Officer Training Program (NJROTC) District 214

Naval Science is an elective offered to all students in District 214. A student taking the elective will earn credits toward graduation. The curriculum coincides with corresponding grade: Freshmen (NS1) through Senior (NS4) and cover myriad topics including:

Leadership, Citizenship, Government, Navy Ships, Naval Aviation, Maritime History, Nautical Sciences, National Security, Naval Operations, Military Law, International Law, Ship Design, Basic Seamanship, Naval Warfare, and World Geography.

Objective: Strengthen character, improve confidence, develop a sense of responsibility, help form habits of self-discipline, and provide opportunities for leadership development.

THERE IS NO MILITARY OBLIGATION - WE ARE NOT RECRUITERS

We develop informed and responsible citizens through study of Naval Science, current events and world issues. We foster citizenship through student and community service activities. The curriculum and extra curricular activities are taught and supervised by retired naval service professionals with over 50 years combined military service who bring unique experiences and methods to the classroom.

Six Competitive Teams that compete with other NJROTC Units across the country: *Drill Team, Marksmanship Team, Orienteering Team, Academic Team, Athletic Team, Drone Team*

Field Trips and Leadership Camps:

Museums, Great Lakes Naval Base Air Shows, Non-team orienteering Military Ball, Picnics, Leadership Camps, Community Events

Eligibility & Requirements

Cadets do not need to be US citizens.

Any D214 is eligible as long as they are able to participate in D214 physical education programs (including adaptive PE and homeschool).

NJROTC has a zero tolerance policy regarding drugs and under age drinking.

Cadets are issued uniforms, and wear them on Wednesdays and other required events.

There are no fees for D214 students to join the program. Uniforms are provided at no cost, but must be returned after graduation. However, sometimes there are fees associated with field trips and some team participation. We conduct fundraisers to help offset cost and try to make arrangements so no student is denied participation due to monetary considerations.

Students can enroll any year, and any semester within that year.

The program is based out of Wheeling High School.

District students (BGHS, EGHS, JHHS, PHS, RMHS) attend class Wednesday evenings at Wheeling HS. Busing is provided from the home school to WHS and back to the home school. Wednesday night class runs from 4:30-8:30.

- Classroom Work: 4:30 6:30
- Dinner 6:30-7:00
- Drill and Physical Fitness 7:00-8:30.

NJROTC Is a nation-wide leadership development program mandated by congress. There are over 685 Navy JROTC programs and we are very proud of our award winning program at D214-Wheeling High School.

LtCol (Ret) Wayne Beyer, Senior Naval Science Instructor, wayne.beyer@d214.org

CSCS (Ret) Jermaine Cotillier, Naval Science Instructor, jermaine.cotillier@d214.org

Learn more by watching informational videos (made by students) from our YouTube channel:

https://www.youtube.com/channel/UCkHXqAKEwqVR1TaFXmyshDg





Rolling Meadows High School Head Coaches & Start Dates 2023-2024



Fall Sports

SPORT	START DATE	NAME	E-MAIL
Boys Cross Country	8/7/2023	Frank Schweda	frank.schweda@d214.org
Girls Cross Country	8/7/2023	Chris Marks	chris.marks@d214.org
Football	8/7/2023	Sam Baker	samuel.baker@d214.org
Boys Golf	8/7/2023	Joe Szabo	joseph.szabo@d214.org
Girls Golf	8/7/2023	Kris Yoo	kris.yoo@d214.org
Boys Soccer	8/7/2023	Brett Olson	brett.olson@d214.org
Girls Swim & Diving	8/7/2023	Monika Chiappetta	rmhsheadswim@d214.org
Girls Tennis	8/7/2023	Bruce Wedell	rmhsheadbtennis@d214.org
Girls Volleyball	8/7/2023	Katie Nickle	rmhsheadgvb@d214.org

Winter Sports

SPORT	START DATE	NAME	E-MAIL
Boys Basketball	11/6/2023	Kevin Katovich	kevin.katovich@d214.org
Girls Basketball	10/30/2023	Ryan Kirkorsky	ryan.kirkorsky@d214.org
Bowling	11/13/2023	Eric Rosenwald	eric.rosenwald@d214.org
Competitive Cheer	10/23/2023	Sydney Hellmer	rmhsheadch@d214.org
Competitive Dance	10/23/2023	Kelly Pfeiffer	rmhscompdance@d214.org_
Girls Gymnastics	11/6/2023	Mike Costa	michael.costa@d214.org
Boys Swim & Diving	11/20/2023	Monika Chiappetta	rmhsheadswim@d214.org
Wrestling	11/6/2023	Joe Puzzo	joseph.puzzo@d214.org



Rolling Meadows High School Head Coaches & Start Dates 2023-2024



Spring Sports

SPORT	START DATE	NAME	E-MAIL
Badminton	2/26/2024	ТВА	TBA
Baseball	2/26/2024	Matt Rice	matthew.rice@d214.org
Boys Gymnastics	2/12/2024	Mike Costa	michael.costa@d214.org
Boys Lacrosse	2/26/2024	Chris Waters	rmhsheadblacrosse@d214.org
Girls Lacrosse	2/26/2024	ТВА	ТВА
Girls Soccer	2/26/2024	Mike Drenth	michael.drenth@d214.org
Softball	2/26/2024	Tony Wolanski	tony.wolanski@d214.or
Boys Tennis	2/26/2024	Bruce Wedell	rmhsheadbtennis@d214.org
Boys Track & Field	1/15/2024	Frank Schweda	frank.schweda@d214.org
Girls Track & Field	1/15/2024	Charlie Henry	steven.henry@d214.org
Boys Volleyball	3/4/2024	Kevin Bourn	kevin.bourn@d214.org
Boys Water Polo	2/26/2024	AJ Adams	rmhsheadbwp@d214.org
Girls Water Polo	2/26/2024	Katlyn Tomasetti	katlyn.tomasetti@d214.org

Summer Camps

MOST sports have a camp in June or July and some will participate in leagues. This is a great opportunity to meet coaches and teammates in the summer. Summer camp information is distributed to your school in February, registration will begin early March.

** SUMMER SCHOOL TAKES PRECEDENT OVER AN ATHLETIC CAMP **



@RMHSMustangs
@RMHSMustangsAD



CLUBS/ACTIVITIES/FINE ARTS/SPORTS 2022-2023

CLUBS/ACTIVITIES

Asian American Pacific Islander (AAPI) Club - Ms. Wang, Ms. Yoo, Ms. Hansra, Mr. Suh Anime Club - Mr. Banuelos/Mr. Shacklette Art Club – Mrs. Nava / Ms. Pach Auto Club - Mr. Geier Book Binding - Ms. Lussow Cheer: Sideline - Ms. Hellmer Chicano College Bowl - TBA Creative Writing – Ms. Lussow Cricket – Mr. Moczydlowski D.E.C.A./BrewHaHa - TBA Disc Golf - Mr. Patterson Educators Rising - Ms. Thorson Environmental Club - Mr. Marks FCCLA - Ms. Krupika FFA - Ms. Eubanks/Ms. Wright French – Ms. Kahle-Ruiz Girls Who Code - Mrs. Knappik Graphics Club – Mr. Dyer Greek Club - Mr. Como HERO - Ms. Faye Hypno Club – Ms. Wang Italian Club - Mr. Bondi Latinos Unidos – Mr. Diaz Literary-Art Mag. (REBUS) - Ms. Ruckoldt Maker Club - Ms. Stavros Math Team - Mr. Jones Mighty Mustang Mentors (M3) - Ms. Syversen-Bullis Mock Trial - Ms. McNally Model UN - Mr. Ankrom Movie Critics Club - TBA Mustang Hangout- Mr. Radcliff Mustangs Committed to Service - Ms.K. Walsh Newspaper (Pacer) – Ms. Lussow NJROTC – Mr. Beyer – Wheeling Novel Idea (Book Club) – Ms. Luckritz Poms: Sideline - Ms. Pfeiffer Rotary Interact – Ms. Wnek Snowboard and Ski Club - Ms. Crook Sports Medicine - Mr. Austin Stampede Spirit Group – TBA Transitions - Mr. Pond United Young Sisters/Brothers - Ms. Anderson Yoga - Ms. C. Walsh Wildstang Robotics – TBA Yearbook (Yearling) - Ms. Ruckoldt

COMPETITIVE ACTIVITIES

Bass Fishing - Mr. Jacoby Chess - Mr. Mott Debate - Mr. T. Waters Esports - Mr. Banuelos/Mr. Shacklette Scholastic Bowl – Mr. Popovich/Mr. R. Olson Speech Team - Mr. Concialdi

FINE ARTS

A-Capella (vocal) – Ms. C. Walsh Color Guard (fall/winter) - Mr. Buti Drama Club – Ms. Svarz Fall/Winter Play – Ms. Svarz Instrumental Ensemble – Mr. Buti Jazz Band/Ensemble/Combos – Mr. Buti Madrigals - Ms. C. Walsh Marching Mustangs-Competitive – Mr. Buti Musical – Ms. Svarz Orchesis - Ms. Varey Show Choir - Ms. C. Walsh Theater - Costume/Makeup/Tech/Pit Crew – Ms. Svarz V-Show - Ms. McNally/Mr. Radcliff/Ms. Varey

CLASS SPONSORS/Class Board:

Student Council - Ms. Kumler/Ms. K. Walsh Seniors Class of 2023 - Mr. Haralambakis Junior Class of 2024 – Mr. Drenth Sophomore Class of 2025 - Mr. Nichols Freshman Class of 2026 – Ms. Kumler

BOYS SPORTS:

Baseball – Mr. Rice Basketball – Mr. Katovich Cross Country – Mr. Schweda Football – Mr. Baker Golf – Mr. Szabo Gymnastics – Mr. Costa Lacrosse - Mr. C. Waters Soccer – Mr. B. Olson Swimming – Ms. Chiappetta Tennis – Mr. Wedell Track – Mr. Schweda Volleyball – Mr. Bourn Water Polo – Mr. Adams Wrestling – Mr. Bassler

GIRLS SPORTS:

Badminton - Mr. Mills Basketball - Mr. Kirkorsky Bowling – Mr. Rosenwald Competitive Cheerleading - Ms. Hellmer Competitive Dance Team – Ms. Pfeiffer Cross Country - Mr. Marks Golf - Ms. Yoo Gymnastics - Mr. Costa Lacrosse - Mr. Voyles Soccer – Mr. Drenth Softball – Mr. Wolanski Swimming – Ms. Chiappetta Tennis – Mr. Wedell Track – Mr. Henry Volleyball – Ms. Nickle Water Polo - Ms. Tomasetti

Association of Homeless Advocates in the North/Northwest District (AHAND)

HOUSING

For housing in Cook County Suburbs: Homeless Prevention Call Center..... 877-426-6515

North/Northwest Providers

Catholic Charities	847-376-2100
Connections for the Homeless	. 847-475-7070
JOURNEYS The Road Home	847-963-9163
Northwest Compass	847-392-2344
Veteran Crisis (National Suicide Pro	evention)
800-273-8255, press 1	
For all youth under 18:	
CCBYS Statewide Hotline877-	870-2663

Youth Providers

Aunt Martha's	. 877-692-8686
Broadway Youth Center	773-388-1600 ext 9
La Casa Norte	773-276-4900
The Night Ministry	. 877-286-2523
Teen Living Programs (24 hou	r Crisis Line)866-
803-8336 & 866-833-6546	
Youth & Opportunity United	847-866-1200

For housing in Chicago:

Homeless Emergency Services.311 or 312-744-5000 Emergency Rental Assistance...... 312-744-2580

DOMESTIC/FAMILY VIOLENCE

Illinois

IL Domestic Violence Hotline
Zacharias Sexual Abuse Center
(24 Hour Support)
Chicago
Chicago Domestic Violence
WINGS
North Suburbs
Family Promise Family Shelter
WINGS
YWCA Evanston

MENTAL HEALTH

Alcoholic Anonymous	312-346 - 1475
Alcoholics Anonymous (Schaumt	
St. Mathews	847-891-1220
St. Peter Lutheran	847-885-3350
CORE Center	312-572-4500
Gamblers Anonymous:	909-931-9056
Hanover Township	
IMPACT Behavioral Health	847-868-8664
Kenneth Young Center	847-524-8800
Lutheran Social Services	847-635-4600
NAMI (National Alliance on Ment	al Illness)
Illinois	
Narcotic Anonymous	708-848-4884
National Treatment Hotline	800-662-4357
Pillars	708-745-5277
Thresholds	773-572-5400
Thrive	
Turning Point	847-933-0051
VA Mental Health Clinic	708-202-2002
Village of Hoffman Estates	847-882-9100
Schaumburg Family Counseling	847-524-1505
Vital Bridges	773-826-7066

SENIOR SERVICES

Abuse Hotline	800-252-8966, press 1
The Barn	
Bloomingdale Township Lui	nch 630-529-7794
DuPage Lunch	630-620-0804
Hanover Township	630-483-5600
Kenneth Young	
Schaumburg Nurse	
Schaumburg Township	

UTILITY HELP

CEDA	800-571-2332
Citizens Utility Board	
Com Ed Cares	

Association of Homeless Advocates in the North/Northwest District (AHAND)

LGBTQ+ SUPPORT

Broadway Youth Center 773-388-1600	
Center on Halsted 773-472-6469	
Howard Brown Health Center 773-388-1600	
LGBTQ KYC Drop In Center	
650 E Algonquin Rd Suite 104, Schaumburg	
847-884-6212	
Love is Respecttext "loveis" to 22522	
Or call 866-331-9474	
PFLAG Oak Park 708-386-1738	
Trans-Life Center773-248-5200	

TOWNSHIPS

Barrington	
Elk Grove	
Evanston	
Hanover	630-837-0301
Maine	
New Trier	
Niles	
Northfield	
Palatine	
Schaumburg	
Skokie	
Wheeling	
IL Dept of Human Services	

MEDICAID/SNAP

Cook County DHS

3501 W. Algonquin Rd – 4th Floor Rolling Meadows, IL 60008 847-483-7171 **DuPage County DHS** 1717 Park St, Suite 105 Naperville, IL 60563

630-328-1000

LEGAL AID ASSISTANCE

Cabrini Green Legal Aid...... 312-738-2452 Beyond CALA Helpline (Immigration & Refugee)

	. 872-267-2252
Legal Aid Chicago	312-341-1070
Open Communities	. 847-501-5760

FOOD PANTRIES

The Barn (Schaumburg)	847-524-7496
Church of the Holy Spirit	847-882-7580
Hanover Township	630-540-9085
Evanston Vineyard Care Center Fo	bod
Pantry	847-328-4544
IL Hunger Hotline	800-359-2163
Living Hope Church (Elk Grove)	847-985-6446
Northern IL Food Bank	630-443-6910
Northwest Compass	847-392-2344
Palatine Township	847-358-6700
St. Vincent DePaul	847-524-9676
Schaumburg Township 84	7-884-0030 x1013
Willow Creek	224-512-2600

CRISIS HOTLINES

Chicago Rape Crisis Line 888-293-2080
DCFS Child Neglect/Abuse800-252-2873
National Human Trafficking888-373-7888
IL Senior Help Line 800-252-8966
PFlag LGTBQ Help866-488-7386
National Alliance on Mental Illness 708-524-2582
National Runaway Safe Line800-786-2929
Opioid Help 833-234-6343
Poison Control 800-222-1222
Suicide Prevention 800-273-8255
National Sexual Assault Hotline800-656-4673

HEALTH INSURANCE

Cook County	
Schaumburg Township	847-884-0030
DuPage County	
Jessica English	708-524-2791
Jim Strachan	630-723-4057

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DCFS Child Neglect/Abuse8	00-252-2873
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HEALTH INSURANCE COUNSELORS

347-884-0030
708-524-2791
. 630-723-4057

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Northwest Compass	2344
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Kenneth Young	
Schaumburg Nurse	
Schaumburg Township	

UTILITY HELP

CEDA	800-571-2332
Citizens Utility Board	800-669-5556
Com Ed Cares	800-334-7661



Rolling Meadows High School Administrative Staff

	Area Code 847 -
Ms. Eileen M. Hart, Principal	718-5610
Ms. Sally Olson, Administrative Assistant	718-5611
Mr. Nathan Aslinger, Associate Principal	718-5612
Ms. Luisa Catanese, Administrative Assistant	718-5613
Ms. Lori Bayerle, Bookkeeper	718-5619
Dr. Yolanda Stovall, Associate Principal	718-5621
Ms. Pamela Balcer, Administrative Assistant, Student Services	718-5622
Ms. Lisa DaRocha, Associate Principal, Activities and Operations	718-5614
Ms. Rose Drago, Administrative Assistant	718-5615
Mr. Alvin Lewis, SSS&W (formerly Deans)	718-5605
Mr. Jonathan Weintraub, SSS&W (formerly Deans)	718-5606
Ms. Lizbeth Villa, Attendance Assistant	718-5603
Ms. Norma Gavina, Attendance Assistant	718-5604
Mr. David Wietrzak, Division Head Career & Technology Education/	
PE/Art & Design	718-5756
Ms. Mary Masnica, Division Assistant	718-5757
Ms. Mary Luckritz, Division Head English, Music and Fine Arts	718-5674
Ms. Josie Fink, Division Assistant	718-5675
Ms. Greta Rakow, Division Head Social Science/World Language	718-5697
Ms. Susannah Meredith, Division Assistant	718-5698
Ms. Joanie Gallagher, Division Head Mathematics/Science	718-5724
Ms. Gloria Vergara, Division Assistant	718-5725
Mrs. Brenda Cognac-Martin, Division Head Special Education	718-5911
Ms. Mariann Rice, Division Assistant	718-5780